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AFTERCARE INSTRUCTIONS

-Areola-

For the Next 6 Weeks:

- Apply Protective Balm as needed to keep treatment area moist at all times. Use for the next 6 weeks. Contains Hydro-cortisone 1% and Vitamins A and D and Aloe Vera.

6+ weeks

- After area is fully healed, keep area protected with an SPF of 15 or greater.
- Expect light to moderate swelling and redness for 2 days following the procedure.
- Sleep with your head elevated the first 2 nights to help reduce swelling.
- Known possible complications are:
 - Redness
 - Bruising
 - Tenderness
 - Swelling
 - Dry Patches
 - Puffiness

DO NOT:

- Use Retin-A or Glycolic Acids on treated areas.
- Use Peroxide or Neosporin on treated areas.
- Scrub or pick treated areas.
- Expose area to sun or tanning beds.
- Get facials, go swimming, and/ or go in hot tubs for at least 3-6 weeks.
- Dye or tweeze treated areas for a minimum of 3-6 weeks after procedure.

What is Normal?

- Mild swelling, itching, light scabbing, light brushing and dry tightness. Ice packs are a nice relief for swelling and bruising. Aftercare ointments work well for scabbing and tightness.
- Too dark and slightly uneven appearance. After 2-7 days the darkness will fade, and once any swelling dissipates, unevenness usually disappears. If it is too dark or still a bit uneven after 4 weeks, call Cosmetic Tattoo Center (CTC) and we will make adjustments during the touchup appointment.
- Color change or color loss. As the procedure area heals, the color will lighten and sometimes seem to disappear in places. This can be addressed during the touch up appointment, which is why touch up appointments are necessary. The procedure area has to heal completely before we can address any concerns. Healing takes about 4 weeks.
- Need a touch up months later. A touch up may be needed 6 months to 1 year after the first touch up procedure depending on your skin, medications, and sun exposure. We recommend the first touch up 30 days after the first session, then every 6 months to 1 year to keep your tattoos looking fresh and beautiful! If most hair strokes have faded, the entire procedure will need to be repeated. An email photo consultation (or in person consultation) may be necessary to determine if you need a touch up or a repeat of the entire procedure.

CAUTION

If the skin around the tattooed area breaks into a heat rash, or small pimples, this is usually a reaction to the numbing solution and should go away on its own in a couple of weeks. Please do not pick at it! Call CTC immediately if this occurs so a technician can make a note of the reaction and follow up to ensure this is not a more serious situation!